



# Neuromodulator

## Post Treatment Instructions

Today, you have had injections with a Neuromodulator. The purified protein will work its way into the muscles in the treated areas and you will begin to feel and see some changes in about 3 days. The full effect will be apparent after 2 weeks.

After treatment, you may experience swelling, redness, pain, itching, discoloration and tenderness at the site of treatment. This will typically last for less than a couple of hours. Additionally, although rare, red or swollen small bumps may occur for 2-3 days in some patients. If you need to apply make-up within 4 hours of your treatment, only use a gentle touch to avoid rubbing the treated area.

- For 1 hour: Exercise your treated areas (e.g. practice frowning, raising your eyebrows)
- For 3 hours: remain upright, do not rub treated area. You may apply make up.
- Rest of day: Refrain from strenuous physical activity, hot tube, sauna, facials, or alcohol

Please book your follow up assessment at the 2-week mark, especially if this is your first neuromodulator treatment with us. This will ensure that Dr. Lorena Barrientos is able to see how YOUR facial muscles reacted to your treatment. If you require more products to find tune/adjust your treatment results, it will be applied during this appointment, at no additional cost as long as the changes are minor. For medical reasons, your results will be photographed and documented in your confidential patient file.

Neuromodulator is temporary procedure and at first you may find that you treatment results will last approximately 3-4 months. If you maintain your treatment appointments with the frequency recommend by your injected, the duration each treatment may last longer than 4 months.

Neuromodulators are injected to treat wrinkles, but it also helps prevent them from developing – while the neuromodulator is in place, try to make an effort to notice which muscles are not moving, for example the lines between the eyebrows. This gives you the opportunity to change your wrinkle-forming habits!

Your next appointment is scheduled for:

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