



Fillers

Post Treatment Instructions

Today, you have had injections with hyaluronic acid temporary filler to restore volume to your skin. The product has been placed carefully in the appropriate position to achieve the best cosmetic result. A local anesthetic containing lidocaine may have been used on the surface of the skin or by injection.

After treatment, you may experience swelling, redness, pain, itching and discoloration and tenderness at the site to the treatment. This will typically last for less than a week. If the lips were injected, the swelling may be more significant. Arnica cream can be helpful to minimize the redness and swelling. Additionally, although uncommon, red or swollen small bumps may occur in some patients. In rare circumstance, a blood vessel may have been injected which can damage skin

Be aware that you must guard against infection by keeping the skin clean, especially in the first 48 hours. You may apply make up after 12 hours, but do so gently. Avoid excessive rubbing or manipulation of the skin. Heavy exercise and alcohol is permitted after 24 hours.

The gel is quite moveable for the first few days – do not press on it, and try to sleep on your back. A neck pillow may assist.

For at least 2 weeks after treatment, avoid prolonged exposure to either hot (eg. Hot tubs) or cold (like snowmobiling) and prolong direct sun exposure.

Please report any redness and/or visible swelling that persists for more than 1 week or any other symptoms that cause concern, to our office. We would like to see you 1-2 weeks after treatment in order to repeat your personal photos and assess the outcome of the injections. Additional injections may be undertaken at an additional fee.

Your new filler may take a little getting used to. Over the course of the next few weeks, it will settle into position and absorb water, improving initial effect. Fillers usually last 6-9 months, but they may last longer or shorter, depending on the metabolism of the patient .

Enjoy a young and more refreshed looking face!

Your next appointment is scheduled for:

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